

17

12-13  
October  
2023

Arrhythmias for  
every Cardiologist

Sheraton Brussels Airport Hotel

BELGIAN HEART RHYTHM MEETING



BHRM  
Belgian Heart Rhythm Meeting  
[www.bhrm.be](http://www.bhrm.be)



Including a Special Focus Session  
on Tools to detect AF and prevent strokes

## Word from the Programme Committee

Dear Colleagues, Dear Friends,

We are pleased to welcome you to **the 17<sup>th</sup> edition of the Belgian Heart Rhythm Meeting** taking place on **Thursday 12<sup>th</sup> and Friday 13<sup>th</sup> October 2023** at the Sheraton Brussels Airport Hotel.

Each year, our renown scientific event gathers over 600 participants with the same aim: bringing together leading cardiologists, professors, doctors and interns to exchange and share experiences and research results on all aspects of clinical rhythmology.

The scientific programme, presented by a notable line-up of speakers, will focus on all fields of arrhythmias such as ablation, atrial fibrillation, anticoagulation, cryptogenic stroke, diagnostics in clinical practice, ECG cases and digital ECG screening, accidental AF, optical medical therapy, new pacing modalities, radioprotection, sick sinus syndrome, sudden cardiac death and ventricular arrhythmias.

We look forward to seeing you at the BHRM!

Yours Sincerely,



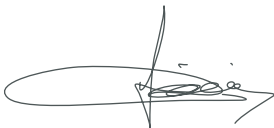
Dr. Ivan Blankoff



Dr. Marnix Goethals



Dr. Sebastien Knecht



Dr. Georges H. Mairesse



Dr. Hugo Van Herendael



Dr. Johan Vijgen

## Accreditation

CME credit points are requested for cardiology and economics/ethics. Accreditation is also requested for radioprotection.



The Belgian Heart Rhythm Meeting aims at sharing expertise on the various diagnostic tools and therapeutic possibilities available to practitioners when deciding upon which approach best serves arrhythmic patients.

## Wednesday, 11<sup>th</sup> October 2023

### EVENING SESSIONS FOR YOUNG CARDIOLOGISTS, TRAINEES AND FELLOWS IN COLLABORATION WITH THE YOUNG CARDIOLOGISTS' CLUB

18:30 Dinner buffet

19:00 ECG course

#### FR session:

Dr. Antoine de Meester, Jolimont, BE

Prof. J-B Le Polain de Waroux, Bruges, BE

#### NL session:

Dr. Philippe Vanduynhoven, Sint-Amandsberg, BE

Dr. Ben Corteville, Ghent, BE

21:00 Dessert buffet



# Thursday, 12<sup>th</sup> October 2023

07:45 Welcome and Registration

08:25 Opening address  
Dr. Johan Vijgen, Hasselt, BE

## Session 1: Abstracts

> **Chairs:** Prof. René Tavernier, Bruges and Dr. Aurélien Wauters, Ottignies

08:30 Best abstracts presentation

08:35 Subcutaneous defibrillator related complications: follow-up in a real-life setting  
Massaad, M.<sup>1</sup>, Lepière, C.<sup>2</sup>, De Meester, A.<sup>2</sup>, Boudouft, M.<sup>2</sup>, Badot, D.<sup>1</sup>.  
<sup>1</sup> UC Louvain  
<sup>2</sup> Hôpital de Jolimont

08:46 Impact of diagnosis-to-ablation time on atrial fibrillation recurrence: most pronounced in the first 3 years, irrelevant thereafter Insights from the Middel heim-PVI Registries 1 and 2  
De Greef, Y.<sup>1</sup>, Bogaert, K.<sup>2</sup>, Sofianos, D.<sup>3</sup>, Buysschaert, I.<sup>4</sup>.  
<sup>1</sup> ZN Antwerpen  
<sup>2</sup> KU Leuven  
<sup>3</sup> UZ Brussels  
<sup>4</sup> AZS Aalst

08:57 Retrograde Coronary Venous Ethanol Ablation of Refractory Left Ventricular Summit Arrhythmias  
Maarten De Smet<sup>1</sup>, De Becker B<sup>1</sup>, François C<sup>1</sup>, Tavernier R<sup>1</sup>, Duytschaever M<sup>1</sup>, Knecht S<sup>1</sup>, le Polain de Waroux JB<sup>1</sup>  
<sup>1</sup> Cardiology department, AZ Sint-Jan Hospital, Bruges, Belgium

09:08 Impact of persistent AF ablation strategy on left atrial function assessed by Speckle Tracking Echocardiography  
Lopez-Francos E.<sup>1</sup>, Gilson, A.<sup>1</sup>, Lepière, C.<sup>1</sup>, Marchandise, S.<sup>1</sup>, Scavée, C.<sup>1</sup>, Garnir, Q.<sup>1</sup>, Varnavas, V.<sup>1</sup>, Wauters, A.<sup>1</sup>, De Meester, A.<sup>1</sup>, Badot, D.<sup>1</sup>, De Azavedo, D.<sup>1</sup>.  
Clinique Universitaire Saint-Luc, Brussels

09:19 Management and clinical outcome of septal complications during left bundle branch area pacing  
Ozpak, E., Calle, S., Timmermans, F., Van Heuverswyn, F., De Pooter, J.  
UZ Gent

## Session 2: Clinical optimization

> **Chairs:** Prof. Dominique Blommaert, Yvoir and Dr. Van Herendael, Genk

- 09:30 Optimal medical therapy to avoid arrhythmias  
Dr. Pieter Martens, Hasselt, BE
- 10:00 Subcutaneous ICD to reduce vascular complications  
Prof. Christelle Marquié, Lille, FR
- 10:30 Coffee Break & Moderated posters session on Clinical Rythmology  
> **Moderator:** Dr. Tim Boussy, Kortrijk

## SPECIAL FOCUS SESSION IN COOPERATION WITH EHRA

### Session 3: Tools to detect AF and prevent strokes

> **Chairs:** Dr. Georges H. Mairesse, Arlon and Dr. Johan Vijgen, Hasselt

- 11:00 What can we expect from systematic screening in special populations?  
Prof. Emma Svennberg, Stockholm, SE
- 11:30 How to deal with cryptogenic stroke?  
Prof. Maurizio Pacioni, Perugia, IT
- 12:00 The EHRA practical guide on digital devices  
Prof. Christophe Leclercq, Rennes, FR
- 12:30 How to deal with the atrial appendage when AF is the only indication?  
Prof. Carlo de Asmundis, Brussels, BE
- 13:00 Lunch

## Session 4: When and how to anticoagulate AF patients? The remaining questions...

> **Chairs:** Prof. Rik Willems, Leuven and prof. Christophe Scavée, Brussels

14:15 Incidental AF

Prof. Andrea Götte, Paderborn, DE

14:45 Anticoagulation before and after ablation

Prof. Elena Arbelo, Barcelona, ES

15:15 The anti Xla new drugs

Prof. George Ntaios, Thessaly, GR

15:45 Coffee Break & Moderated posters session on Pacing and Devices

> **Moderator:** Dr. Aurélien Wauters, Ottignies

## Session 5: Ablation for AF (*pro/contra format*)

> **Chairs:** Dr. Alexandre Delcour, Huy and Dr. Wim Anné, Roeselare

16:30 PRO early ablation of AF

Prof. Mattias Duytschaever, Bruges, BE

16:45 CONTRA early ablation of AF

Dr. Georges H. Mairesse, Arlon, BE

17:00 Rebuttal

## Session 6: Pacing in sick sinus syndrome (*pro/contra format*)

> **Chairs:** Dr. Antoine De Meester, Jolimont and Dr. Frank Provenier, Ghent

17:15 PRO Every patient with SSS should be protected with a pacemaker

Prof. Carlos Morillo, Madrid, ES

17:30 CONTRA Every patient with SSS should be protected with a pacemaker

Prof. Roman Piotrowski, Warsaw, PL

17:45 Rebuttal

18:00 Walking dinner

# Friday, 13<sup>th</sup> October 2023

## Session 7: Optimal use of diagnostics in routine clinical practice

> **Chairs:** Dr. Ivan Blankoff, Charleroi and Dr. Peter Goethals, Brussels

08:30 **Holter and ILR**

Prof. Hein Heidbüchel, Antwerp, BE

09:00 **MRI**

Prof. Bernhard Gerber, Brussels, BE

09:30 **Genetics**

Prof. Antoine Bondue, Brussels, BE

10:00 **Coffee Break & moderated posters session on Electrophysiology**

> **Moderator:** Dr. Wim Huybrechts, Antwerp

## Session 8: Dealing with ventricular arrhythmias

> **Chairs:** Dr. Sébastien Knecht, Bruges and Dr. Michael Wolf, Antwerp

10:45 **From cell to clinic**

Prof. Michel Haïssaguerre, Bordeaux, FR

11:15 **Arrhythmogenic right ventricular cardiomyopathy**

Prof. Kristina Haugaa, Oslo, NO

11:45 **Ventricular tachycardia management in ischemic VT  
with preserved ejection fraction**

Prof. Maury Philippe, Toulouse, FR

12:15 **Lunch**



## Session 9: Rapid firing: From ECG cases to guidelines

> **Chairs:** Dr. Pieter Koopman, Hasselt and Dr. Jean-Manuel Herzet, Liège

- 13:30 **Syncope**  
Dr. Pieter Koopman, Hasselt, BE
- 13:45 **WPW**  
Dr. Cynthia Barbraud, Liège, BE
- 14:00 **Mitral valve prolapse**  
Dr. Caroline Lepière, Jolimont, BE
- 14:15 **RVOT/LVOT ectopics**  
Dr. Philippe Vanduyhoven, Aalst, BE
- 14:30 **Sustained atrial tachycardia**  
Dr. Liesbeth Timmers, Ghent, BE
- 14:45 **Sustained ventricular tachycardia**  
Dr. Bruno Schwagten, Antwerp, BE
- 15:00 **Coffee Break**

## HOW TO REDUCE RADIATION - LESSONS LEARNED

### Session 10: Preparation is the clue! How to limit radiation by:

> **Chairs:** Dr. Marnix Goethals, Pelt and Dr. Lieve Van Casteren, Liège

- 15:30 **Using optimal imaging techniques before and during EP procedures**  
Dr. Tom de Potter, Aalst, BE
- 16:00 **Selecting the right EP procedure for the right patient**  
Prof. Christophe Scavée, Brussels, BE

### Session 11: Optimal use of procedural techniques. What did I learn from our worst cases:

> **Chairs:** Jean-Benoît Le Polain de Waroux, Bruges and  
Dr. Frédéric Van Heuverswy, Ghent

- 16:30 **In pacemaker implantation?**  
Dr. Michael Wolf, Antwerp, BE
- 17:00 **In ablation?**  
Dr. Caroline Lepière, Jolimont, BE
- 17:30 **Final remarks**



Thursday, 12<sup>th</sup> October 2023 10.30–11.00

## Clinical Rythmology

### **Detecting atrial fibrillation from a single-lead ECG during sinus rhythm**

Dupulhys, S.<sup>1</sup>, Acou, P.J.<sup>1</sup>, Dujardin, K.<sup>1</sup>, Anné, W.<sup>1</sup>, Vanhaverbeke, M.<sup>1</sup>, Lammertyn, P.J.<sup>1</sup>, McAuliffe, D.<sup>1</sup>, Berteloot, L.<sup>1</sup>, Gillis, K.<sup>1</sup>, Pollet, P.<sup>1</sup>, Dejaeger, P.<sup>1</sup>

<sup>1</sup> AZ Delta

### **Deep learning to identify patients who will present an atrial fibrillation onset within hours**

Gregoire, J.M.<sup>1</sup>, Gilon, C.<sup>1</sup>, Bersini, H.<sup>1</sup>, Groben, L.<sup>2</sup>, Nguyen, T.<sup>3</sup>, Godart, P.<sup>4</sup>, Carlier, S.<sup>5</sup>.

<sup>1</sup> Université Libre de Bruxelles, Brussels

<sup>2</sup> Hospital Center of Luxembourg

<sup>3</sup> CHU Brugmann

<sup>4</sup> CHU Ambroise Pare

<sup>5</sup> University of Mons

### **Predictors of atrial fibrillation detection in patients undergoing loop recorder implantation for cryptogenic stroke**

Locke, S.<sup>1</sup>, Boute, M.<sup>1</sup>, Garnir, Q.<sup>2</sup>, Raymackers, J.M.<sup>2</sup>, Wauters, A.<sup>2</sup>.

<sup>1</sup> Université Catholique de Louvain

<sup>2</sup> Clinique Saint-Pierre, Ottignies

### **Left atrial appendage closure in octogenarians: a single center experience in Belgium**

De Molinari, N.<sup>1</sup>, Descamps, O.<sup>1</sup>, Lepière, C.<sup>1</sup>, Ceulemans, A.<sup>1</sup>, Mancini, R.<sup>1</sup>, de Meester, A.<sup>1</sup>.

<sup>1</sup> Jolimont Hospital

### **Management considerations in fragile elderly patients with atrial fibrillation**

Lange, M.<sup>1</sup>, de Meester, A.<sup>1</sup>, Descamps, O.<sup>2</sup>, Hanotier, P., Lepière, C.<sup>1</sup>.

<sup>1</sup> UC Louvain

<sup>2</sup> Jolimont Hospital

Thursday, 12<sup>th</sup> October 2023 15.45–16.30

## Pacing and Devices

### **Reversed Bipolar Anodal Stimulation with Left Bundle Branch Pacing: A New Pacing Modality to Further Resynchronize Patients Indicated for Cardiac Resynchronization Therapy**

De Becker, B.<sup>1</sup>, François, C.<sup>1</sup>, De Smet, M.<sup>1</sup>, Knecht, S.<sup>1</sup>, Duytschaever, M.<sup>1</sup>, Tavernier, R.<sup>1</sup>, Le Polain de Waroux, JB.<sup>1</sup>

<sup>1</sup> AZ Sint Jan

### **One-year experience with leadless ventricular pacemaker providing atrioventricular synchronous pacing in the real-world setting: results from the Micra AV post approval registry**

Garweg, C.<sup>1</sup>, Chinitz, J.<sup>2</sup>, Marijon, E.<sup>3</sup>, Haeberlin, A.<sup>2</sup>, Winter, S.<sup>2</sup>, Lacopino, S.<sup>2</sup>, Curnis, A.<sup>2</sup>, Breitenstein, A.<sup>2</sup>, Hussin, A.<sup>2</sup>, Mela, T.<sup>2</sup>, El-Chami, M.<sup>2</sup>, Roberts, P.<sup>2</sup>, Piccini, J.<sup>2</sup>, Stromberg, K.<sup>2</sup>, Clementy, N.<sup>2</sup>.

<sup>1</sup> UZ Leuven

<sup>2</sup> TBC

<sup>3</sup> CHU Ile-De-France

### **Socio-economic predictors of 3-year mortality after ICD implantation in Belgium**

Ingelaere, S.<sup>1</sup>, Hoffmann, R.<sup>2</sup>, Le Polain de Waroux, JB.<sup>3</sup>, Blankoff, I.<sup>4</sup>, Mairesse, GH.<sup>5</sup>, Vijgen, J.<sup>6</sup>, Vandekerckhove, Y.<sup>3</sup>, Vandenberg, B.<sup>1</sup>, Willems, R.<sup>1</sup>

<sup>1</sup> UZ Leuven

<sup>2</sup> H. Hartziekenhuis Lier

<sup>3</sup> AZ Sint Jan

<sup>4</sup> CHU de Charleroi

<sup>5</sup> Clinique du Luxembourg, Arlon

<sup>6</sup> ZH Jessa

### **Assessment of the impact of device placement, wrist movement, and sport activities on the validity of the Fitbit Inspire 2 heart rate monitor**

Verberck, C.<sup>1</sup>, Vermunicht, P.<sup>1</sup>, Makayed, K.<sup>1</sup>, Laukens, K.<sup>1</sup>, Knaepen, L.<sup>2</sup>, Naessens, S.<sup>3</sup>, Hens, W.<sup>3</sup>, Van Craenenbroeck, E.<sup>3</sup>, Desteghe, L.<sup>2</sup>, Heidbuchel, H.<sup>3</sup>.

<sup>1</sup> University of Antwerp

<sup>2</sup> University of Hasselt

<sup>3</sup> Antwerp University Hospital

### **Development of systematic care pathways to tackle multimorbidity in elderly patients with atrial fibrillation: results of a Delphi process**

Önder, R.<sup>1,2</sup>, Vijgen, J.<sup>1,2</sup>, Desteghe, L.<sup>1,2,3</sup>, Heidbuchel, H.<sup>1,3</sup>, for the EHRA-PATHS Horizon 2020 consortium

<sup>1</sup> Faculty of Medicine and Life Sciences, Hasselt University/ LCRC

<sup>2</sup> Heart Center Hasselt, Jessa Hospital

<sup>3</sup> Department of Cardiology University of Antwerp and Antwerp University Hospital

Friday, 13<sup>th</sup> October 2023 10.00–10.45

## Electrophysiology

### **Epicardial Ablation for Ventricular Arrhythmias: report from a single center**

Maarten De Smet<sup>1</sup>, De Becker B<sup>1</sup>, François C<sup>1</sup>, Tavernier R<sup>1</sup>, Duytschaever M<sup>1</sup>, Knecht S<sup>1</sup>,  
le Polain de Waroux JB<sup>1</sup>

<sup>1</sup> Cardiology department, AZ Sint-Jan Hospital, Bruges, Belgium

### **Zero Fluoroscopic Approach to AVNRT Ablation with 3D Electro-anatomical Mapping System**

Xhaet, O.<sup>1</sup>, Robaye, B.<sup>1</sup>, Saidane, L.<sup>1</sup>, Collet, B.<sup>1</sup>, Huys, F.<sup>1</sup>, Godeaux, V.<sup>1</sup>, Dormal, F.<sup>1</sup>, Ballant, E.<sup>1</sup>,  
Blommaert, D.<sup>1</sup>.

<sup>1</sup> UC Louvain

### **Cardiac Radiotherapy for Ventricular Tachycardia - Workflow and First Results of the CREVET Study**

Vandenberk, B.<sup>1</sup>, Voros, G.<sup>1</sup>, Poels, K.<sup>1</sup>, De Roover, R.<sup>1</sup>, Dymarkowski, S.<sup>1</sup>, Bogaert, J.<sup>1</sup>,  
Berkovic, P.<sup>1</sup>, Ector, J.<sup>1</sup>.

<sup>1</sup> UZ Leuven

### **Adding 3D electroanatomical mapping to cryoballoon pulmonary vein isolation improves 1-year clinical outcome**

Tijskens, M.<sup>1</sup>, Abugattas, JP.<sup>2</sup>, Wolf, M.<sup>1</sup>, Schwagten, B.<sup>1</sup>, De Greff, Y.<sup>1</sup>, Xhaet, O.<sup>1</sup>

<sup>1</sup> ZN Antwerpen

<sup>2</sup> Hopital Erasme, CU Bruxelles

### **Efficacy and safety of high-power short-duration ablation in second procedures of atrial fibrillation**

Esteve Ruiz, I.<sup>1</sup>, Moraleda Salas, MT.<sup>1</sup>, Carreño Lineros, JM.<sup>1</sup>, Arce Leon, A.<sup>1</sup>,  
Moriña Vazquez, P.<sup>1</sup>.

<sup>1</sup> Hospital Juan Ramón Jiménez

# PRACTICAL INFORMATION

## VENUE

Sheraton Brussels Airport Hotel and Congress Centre  
Brussels International Airport, 1930 Zaventem - Belgium  
Phone +32 (0)2 710 8000  
[www.sheratonbrusselsairport.be](http://www.sheratonbrusselsairport.be)

## ACCESS

**By train** - The airport train station is located on level -1 of the airport terminal. Up to 4 trains per hour connect the airport with Brussels North, Brussels Central and Brussels South (Midi) stations (journey time approx. 20 minutes).  
Info: [www.b-rail.be](http://www.b-rail.be)

**By car** - On the Brussels ring-road, follow the signs for “Zaventem - Airport”. Once you arrive at the airport, follow the signs for “Parking” and then “Sheraton”.

## PARKING

Car parks are available near the airport terminal. You can choose between Front Park 1, 2 or 3. They are open 24h/24h. All payment machines in the car parks accept cash or credit cards (Visa, Eurocard, American Express, Diners Club).

Info & rates: [www.interparking.be/brusselsairport](http://www.interparking.be/brusselsairport)

## WELCOME AND REGISTRATION

The welcome desk will be open from 6 p.m. on Wednesday 11<sup>th</sup> October and from 7.45 a.m. on Thursday 12<sup>th</sup> and Friday 13<sup>th</sup> October 2023.

## LANGUAGE

Plenary sessions will be in English. ECG Courses for young cardiologists will be in French and Dutch.

## REGISTRATION FEE

Congress registration fee	Until 17/09/2023	From 18/09/2023
BeHRA Members	200€	260€
BeHRA non-Members	275€	325€
Trainees, Students	95€	135 €

The congress registration fee includes access to the scientific sessions, lunches, coffee breaks and the walking dinner organised on Thursday 12<sup>th</sup> October at the Sheraton Brussels Airport Hotel.

Payment by bank transfer is recommended.

Confirmation of registration will be sent to participants prior to the congress. Please bring your confirmation letter on-site and present it at the welcome desk to receive your badge.

## **REGISTRATION CANCELLATION POLICY**

75% of registration fee may be refunded upon written cancellation to BHRM Organising Secretariat before 8<sup>th</sup> September 2023. Payment is non-refundable thereafter.

## **PRE-CONGRESS SESSIONS FOR YOUNG CARDIOLOGISTS**

Attendance is at no extra cost, but pre-registration is required.

## **ACCOMMODATION**

Special rates are negotiated at the Sheraton Brussels Airport Hotel for the nights of 12<sup>th</sup> and 13<sup>th</sup> October 2023: Single room 225€ - Double room 245€ (price per night including buffet breakfast). To benefit from these rates, reservation must be made with the BHRM Organising Secretariat before 17<sup>th</sup> September 2023. After this date, the hotel no longer guarantees the availability of rooms at the BHRM special negotiated rate.

Hotel reservations will be accepted on a first come first served basis. Prepayment is required upon reservation.

In case of early arrival before 15:00, the room must be reserved the previous night to ensure availability upon arrival. The official check-out time is 12:00. In case of late departure, 50% of the room rate will be charged.

Cancellations are accepted up to fifteen days before the scheduled arrival time. If cancellation is made after payment of the room, a cancellation fee of 10% of the amount paid will be charged. Cancellation must be communicated in writing to the BHRM Organising Secretariat. If not received, the hotel is entitled to charge the room for the entire length of stay. There will be no refund for no-shows.

**Info & Registration: [www.bhrm.be](http://www.bhrm.be)**

The Belgian Heart Rhythm Association would like to thank the following partners for providing support that contributes to the overall quality of the congress:

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The special focus session is organised thanks to an educational grant from:



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The ECG course for young cardiologists, trainees and fellows is organised thanks to an educational grant from:



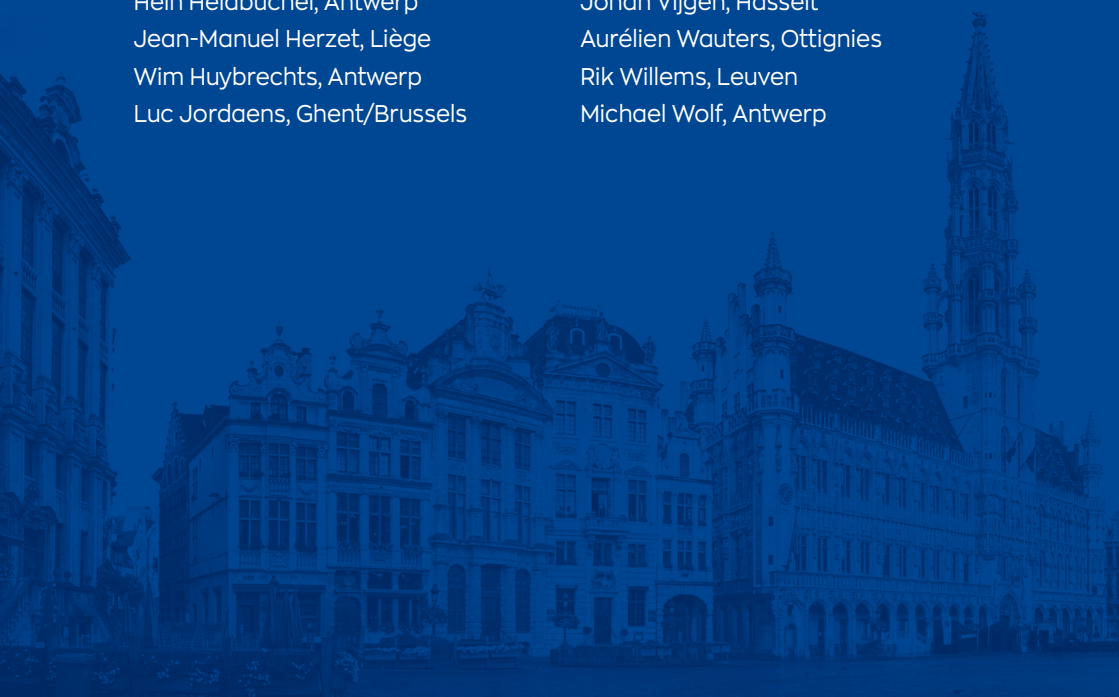
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Yves De Greef, Antwerp  
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Grim De Meyer, Aalst  
Tom De Potter, Aalst  
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Aurélien Wauters, Ottignies  
Rik Willems, Leuven  
Michael Wolf, Antwerp



# BHRM 2023

## Programme Committee



BeHRA

Belgian Heart Rhythm Association

Dr. Ivan Blankoff, Charleroi  
Dr. Marnix Goethals, Pelt  
Dr. Sébastien Knecht, Bruges  
Dr. Georges H. Mairesse, Arlon  
Dr. Hugo Van Herendael, Genk  
Dr. Johan Vijgen, Hasselt

## Organising Secretariat



**Downtown  
Europe**  
Congress  
Organisers

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## Founding Organisers



**BHRM**  
Belgian Heart Rhythm Meeting

Ivan Blankoff, Charleroi  
Marnix Goethals, Pelt  
Georges H. Mairesse, Arlon